

Title (4-7 Words):	Health Awareness Talk Program
Club Name:	Rotary Club of Bhaktapur
Event Date:	27 th March 2026
<p>News (100-250words)</p> <ul style="list-style-type: none"> - Specialty - Facts & Figures - Budget - Beneficiary Profile - Impact/Outcome 	<p>News (100–250 words)</p> <p>The 1128th Regular Meeting of Rotary Club of Bhaktapur was successfully held on 27th March 2026 at Shree Springdale S.B. School. As part of the program, a special health awareness and talk session was conducted by Dr. Sarbottam for students, teachers, and Rotary members.</p> <p>During the session, Dr. Sarbottam shared valuable information regarding joint pain, nerve-related problems, common illnesses, their causes, preventive measures, and available remedies. The session was interactive, informative, and focused on promoting awareness about maintaining a healthy lifestyle and early prevention of health-related issues.</p> <p>Participants actively engaged in the discussion and benefited from practical health guidance shared during the program. The initiative highlighted Rotary’s commitment to promoting health awareness and community wellbeing through educational and preventive health programs.</p> <p>Specialty:</p> <ul style="list-style-type: none"> • Health awareness and educational talk session • Interactive discussion on common health problems and prevention • Community-focused awareness initiative for students and teachers <p>Facts & Figures:</p> <ul style="list-style-type: none"> • Program Type: Health awareness and talk session • Key Topics: Joint pain, nerve-related issues, illness prevention, and remedies • Participants: Rotary members, students, teachers, and school representatives <p>Budget:</p> <ul style="list-style-type: none"> • Organized and managed by the school

Beneficiary Profile:

- School students
- Teachers and school staff
- Rotary members and community participants

Impact/Outcome:

- Increased health awareness among students and teachers
- Encouraged preventive healthcare practices
- Promoted healthy lifestyle awareness within the school community
- Strengthened Rotary's role in community health education initiatives





